

# How to Set the Bedsore Rescue Cushion

**1. Turn** as far as possible to the side position.



**2. Angle** the cushion so the "tips" point towards bed.

*\*DO NOT put standard pillow case on wedge*



**3. Press Top** upper tip to fit under the scapula (shoulder blade).



**4. Press Bottom** after placing cushion as desired, press the lower tip under buttocks.



**5. Adjust** to avoid sacrum/coccyx or wound area. See "Hand Check" suggestion below to achieve good support without touching wounds.



**6. Roll Back** on cushion. Best to hold cushion in place during roll.



**7. Hand Check** - Optional: Slide a hand under the cushion to assure proper placement away from pressure points/wounds.



## Comfort Tips

Everybody is different. To find a position that can achieve maximum comfort & pressure relief, you may alternate the cushion to fit. Place above or below the wound, or set closer to the body, or further away, angle the upper tip closer than lower tip or visa-versa.

## Nursing Advice

We at Jewell Nursing Solutions understand it's not always easy to turn and support a person off the bedsore properly. If you are having difficulty with turning and repositioning, see our "Answers to FAQ's" section next. Or feel free to contact us directly if you need specific nursing advice or want to learn about a few tricks of the trade!

[www.BedsoreRescue.com](http://www.BedsoreRescue.com)  
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